

April 15, 2018



What Does Emotional Health Look Like?

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Navigating Emotionally Healthy Relationships (part 2)

Luke 18:9-14

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EHP= Emotionally Healthy People

EUP= Emotionally Unhealthy People

☒ EUP are _____ vs. EHP are _____

☒ EUP think (or pretend) they “have it all together” vs. EHP admit _____

☒ EUP are _____ vs. EHP are open to _____

☒ EUP are very closed vs. EHP are _____ & _____

☒ EUP are _____ vs. EHP are _____

Conclusion

Humble people have big _____,
not big _____

(continued on back)

Luke 18:9-14